

## Microplastics Editorial in the Journal of Medical Toxicology Among Top 10 Downloaded Articles of 2018

*More questions than answers about the toxic effects of invisible microplastics humans are unknowingly ingesting.*

PHOENIX ([PRWEB](#)) February 18, 2019 -- "Microplastics and Human Health: Our Great Future to Think About Now" by Amy V. Kontrick, MD, published in the Journal of Medical Toxicology (April 2018), is among the top 10 downloaded articles in 2018 from all Springer Nature journals in the Pharmacology & Toxicology category.

In the editorial, Dr. Kontrick explains, "Due to their small size and persistence, (microplastics) have been found throughout our environment. They have been found in all forms of marine life; in table salt, honey, sugar, and beer; in organic fertilizers; in the dust in our homes; and most alarmingly, in bottled and tap water samples." Dr. Kontrick maintains there are more questions than answers about the toxic effects of invisible (to the naked eye) microplastics and the pesticide and metal pollutants they carry; she argues it's the responsibility of the entire scientific community to further research and debate on this issue.

Springer Nature is the publisher of the world's most influential journals and a pioneer in the field of open research. "We are so proud that a JMT article on such an important topic is included in the top 10 downloaded articles of the year, especially since Springer Nature publishes more than 3,000 journals," adds Mark Mycyk, MD, FACMT, Editor-in-Chief of the Journal of Medical Toxicology.

Link to full editorial:

[https://www.acmt.net/cgi/content.cgi/JMT\\_Microplastics.pdf?id=43362&name=JMT\\_Microplastics.pdf](https://www.acmt.net/cgi/content.cgi/JMT_Microplastics.pdf?id=43362&name=JMT_Microplastics.pdf)

Author info: <https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=11812>

Advancing the Toxicologic Care of Patients and Populations

The American College of Medical Toxicology (ACMT) is a professional, nonprofit association of more than 700 physicians with recognized expertise in medical toxicology. Medical toxicology focuses on the diagnosis, management, and prevention of poisoning/toxicity and other adverse health effects resulting from medications, chemicals, occupational and environmental substances and biological hazards. The Journal of Medical Toxicology is the official journal of ACMT.

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